

Teal

MONTHLY UPDATES · UPCOMING EVENTS · FEATURES & ACHIEVEMENTS



PATIENT CENSUS



48
patients served



81
total patients



02
new referrals



07
counselled



03
passed on

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EVENTS

April 06

TRF Hosts ABSNet Quarterly Meeting

On April 6, the Area-Based Standards Network of SWDAs met at TRF's office in Alabang to plan and budget for upcoming activities in the quarter. As a result, the SWDAs were able to meet and network for the possibility of future partnerships.



April 07 & 08

TRF Summer Outing

A crucial part of palliative care nursing is being able to debrief, relax, and practice self-care. To emphasize this, the TRF team had two days of rest and relaxation at the Peninsula de Punta Fuego beach, thanks to the generosity of friends & donors. The team also regrouped and prayed for their patients & upcoming activities.

April 11

ELNEC-Core at St. Dominic Medical Center

The Ruth Foundation partnered with friends from St. Dominic Medical Center in Bacoor, Cavite, to hold a one-day ELNEC course intensive for their nurses and students. Over 15 nurses and healthcare professionals came to attend the seminar.



DID YOU KNOW?

2015 Quality Index Overall Scores

RANK	COUNTRY	SCORE
1	UK	93.9
2	Australia	91.6
3	New Zealand	87.6
...		
78	Philippines	15.3
79	Bangladesh	14.1
80	Iraq	12.5

In a 2015 quality of death study, the Philippines was named as the **third worst place to die** out of 80 countries, next to Iraq and Bangladesh.

Lack of awareness and training in relevant health care – along with insufficient national policy & medical bill subsidies – are some reasons why our country ranks so low.

These are also the reasons why The Ruth Foundation team works hard to improve the Filipino perspective on dying.

The truth is, palliative is not about dying a good death, but living the best life possible until the inevitable comes.

It is about time we talk about death with less fear and more hope.

Source: *The 2015 Quality of Death Index* by The Economist Intelligence Unit, commissioned by the Lien Foundation

SPECIAL FEATURE

Planning Continues for DOH Administrative Policy for Palliative Care

The 2015 quality of death study (summarized in the lefthand column) eventually prompted our own Department of Health to continue to explore how to make palliative care more accessible to the Filipino people. We are excited to hear more updates in the near future. For now, we continue to do our own part in spreading the message of quality care for all.

ANNOUNCEMENTS



ELNEC-Core at DLHSI Moved to August

We previously announced two upcoming ELNEC Courses, one in May and one in June. However, due to necessary logistical changes, the ELNEC Core course to be held at De La Salle Health Sciences Institute has been moved from June to **August 7 & 8**.

For registration details, follow us online at ruth.ph/LFH.

DID YOU KNOW?

May 11 is **International Nurses Day!** Don't forget to thank a nurse next month.

