

# MONTHLY UPDATES

- *September 2016* -

## PATIENT CENSUS



**91** visits made



**70** patients cared for



**07** new patients referred

**29** spiritual care done

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## EVENTS

sept  
11

### Release of *Hopefull* Issue 3

*Hopefull*'s third issue is here! This awesome spread is packed with great tips for being in shape, healthy foods to try, and inspiring stories about the benefits of exercise in all stages of health. Grab your digital copy now on [ruth.ph/hopefull](http://ruth.ph/hopefull).



sept  
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### *BalikTanaw*

Baliktanaw, a Filipino term for “looking back at the past”, is a TRF event where we invite the family members of our patients who have passed on to gather together and remember the good times. Loved ones of six of our previous patients met and got to share fond memories. Pastor Don Guico helped facilitate the event.



## SPECIAL FEATURE

### October is Breast Cancer Awareness Month



**Left photo:** Representatives from The Ruth Foundation, Project Pink Support Group, Festival Mall – Filinvest City, and the Philippine Society of General Surgeons. **Right photo:** Unity in Pink Launch at Festival Mall (Photo credit: Stage Zero by Project Pink Facebook page)

For the month of October, The Ruth Foundation is partnering with several of our colleagues in commemoration of Breast Cancer Awareness Month. These include the wonderful ladies from the Project Pink Support Group, Festival Mall - Filinvest City for their Unity in Pink campaign, and many more. Follow them on Facebook to keep up-to-date with ongoing activities.

## ANNOUNCEMENTS

### Stage Zero Community Forum on Oct. 21

stagezero community forum 2016

**REFUELING ON THE CANCER JOURNEY**  
Self-Care for Cancer Patients and Those Caring for Them

21 OCT 2016  
FRI | 9 AM to 5 PM  
Filinvest Tent  
Alabang  
Muntinlupa City

with  
LIESE GROOT-ALBERTS  
MIRIAM QUIAMBAO  
DR. RACHEL ROSARIO  
DR. ROEL TOLENTINO  
DR. RUMALIE CORVERA  
PAOLO TRINIDAD  
SAMANTHA QUE

hosted in partnership by:  
stagezero  
Program: Hope, Support, Empower, Rise

THE RUTH FOUNDATION  
for Palliative and Hospice Care

FILINVEST CITY

There's still time to sign up for this awesome forum on self-care! It's not just cancer patients and their families who will benefit, but anyone who needs to take care of themselves more. Join us this October 21, Friday at the Filinvest Tent, Spectrum Midway, Alabang, Muntinlupa for a minimal fee of P500. Includes lunch and simple refreshments.

For more information and to register, visit [stagezero.ph](http://stagezero.ph).

