

September MONTHLY UPDATE



The miracle of gratitude is that it shifts your perception to such an extent that it changes the world you see.

Dr. Robert Holden

CENSUS

The Ruth Foundation Care Services team has served 58 patients for the month of September. These patients were visited by our doctors and nurses and were given a variety of complimentary care services. These patients were visited 104 times, in total, to render these services. We have 17 new patients enrolled in the system this month but as hospice goes 4 have already finished the race



Dr. Ruth Chi and a patient of ours who is diagnosed with breast cancer.

EVENTS



The day would not be complete without a group picture. Dr. Sabal (Middle) with the TRF Family.



Dr. Joanna Sabal, a Palliative Medicine specialist associated with Maria Reyna Hospital and Northern Mindanao Medical Center, visited us at the TRF Office last September 14, 2015 to share a lecture on Self-Care. It was knowledge-filled afternoon and 17 participants were able to be a part of it.

Last September 22, 2015, TRF had the privilege to have Dr. Imelda S. Edodollon, MT, MD share a topic on Integrative Medicine.



GET INVOLVED



A warm welcome to our new volunteers from Upland Gospel Church!

We had our Volunteer Orientation for the month of September led by Ms. Elsa and Ms. Iso Hernandez. We were able to get 14 volunteers, 7 from Upland Gospel Church and 7 caregivers who were referred by Nurse Daniel Garcia.

visit ruth.ph/volunteer/



Ms. Elsa and Ms. Iso orienting our new volunteers who are caregivers.



SPECIAL FEATURE



Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.

-1 Corinthians 13:7 NLT

We have a 43-year old female patient who is diagnosed with Acute Respiratory Failure and TB Bronchiectasis. She has a tracheotomy tube and is dependent on oxygen. Day in and day out, the air we take for granted is the air they have to acquire for her to live. Despite this condition, she thanks God. She thanks God for a supportive family; for a husband who cares for and loves her; for her children who help her out in their free time after school; for each stranger who gives financial aid; for friends she has made along the way. She is thankful because through the midst of her condition, she is still loved.

Nurse AJ shares that he feels happy because when they visit her, the whole family supports her and it is clearly portrayed that they are geared towards the goal which is to improve Nanay Rowela's current well-being.



August Newsletter's Rectification Notice
I would like to apologize for the misunderstanding. Arlene and Luis Olaiwar **did not sign-up** as volunteers, but are still **potential** volunteers of TRF :)

-Mikee

