

August MONTHLY UPDATE

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend.

-Melody Beattie



CENSUS

The Ruth Foundation Care Services team has visited 55 patients for the month of August. These patients were visited by our doctors and nurses and were given a variety of complimentary care services. These patients were visited 96 times, in total, to render these services. We have 7 new patients enrolled in the system this month but as hospice goes, we lost 12 of the existing ones along the journey.

Dr. Ara Ofina with a patient of ours with Congenital Heart Disease.



Another successful Open House. 24 guests and volunteers joined our Hospice Care Providers and staff for a day full of fun!

EVENTS



- 1 Staff, volunteers and guests
- 2 With Mr. Paolo Trinidad, founder of Pinoy Laughter Yoga
- 3 Adult Coloring Sessions with guests and volunteers
- 4 Art Therapy led by Ms. Isobel Hernandez
- 5 It is never too late to sign-up as volunteers, just like Arlene and Luis Olaiwar.

GET INVOLVED



A warm welcome to our new volunteers!

We had our Volunteer Orientation during the Annual Open House led by Ms. Elsa and the rest of the TRF team. We have 5 new volunteers who have answered the call to care.

visit ruth.ph/volunteer/

SPECIAL FEATURE

“Distance means nothing when someone means everything.”
-Anonymous



Our team (mostly city-folks) posing in front of Mt. Makiling.



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We were recently given the opportunity to be able to expand our services to far flung areas in the Batangas area, namely in Mabini and Sto. Tomas, which from our Alabang office, would be a two-and-a-half-hour drive, that is, without traffic.



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- 1** *At the home of a patient with Lung Ca Stage 4 with multiple bone metastases.*
- 2** *Visiting a patient with Stage 4 urothelial carcinoma with lung metastasis.*
- 3** *Dr. Ara speaking with a Stage 4 lung cancer patient.*

The team, composed of Dr. Ara, Nurses Edmar and AJ, Ms. Lira, Ms. Gina (our massage therapist) and Mr. Dan, were able to visit four of our newly enrolled Batangas patients to render initial consultative medical services, social worker intake interviews and free massage therapy.

Going the extra mile...literally. Now, where to next?